

NUTRISEARCH  
COMPARATIVE GUIDE  
TO  
NUTRITIONAL  
SUPPLEMENTS™

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A Compendium of Products Available  
in the United States and Canada

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by

**Lyle MacWilliam, MSc, FP**

**ABOUT THE AUTHOR**

Author, educator and biochemist, Lyle MacWilliam serves as a scientific consultant and public advocate for the natural healthcare industry.

Mr. MacWilliam's early scientific training led him to the investigation of oxidative stress and the biological properties of antioxidants. His research focused on radiation-induced free radical damage and dietary supplementation with Vitamin E.

As an author, Mr. MacWilliam's creative works continue to be used by leading nutritional manufacturers. His popular *Comparative Guide to Nutritional Supplements* and *Comparative Guide to Children's Nutritionals* provide consumers with reliable tools with which to sort through the maze of nutritional supplements on the market today. His scientifically rigorous, no-nonsense delivery, served with a touch of humour, has earned him praise internationally as a sought-after speaker on the importance of optimal nutrition and lifestyle.

An accomplished martial artist, Mr. MacWilliam is passionate about personal fitness and health. His research hits hard at today's lifestyle and dietary patterns and their role in the development of degenerative disease.

Mr. MacWilliam's scientific, communication, and research skills have been solicited by several nutritional companies and public agencies. He is a contributory writer for Life Extension Foundation, a non-profit agency dedicated to the scientific exploration of preventive health and longevity. He has also served as a consultant with Health Canada, Environment Canada, Human Resources Development Canada, and the British Columbia Science Council; he is currently engaged as a scientific consultant for several nutritional manufacturers in the United States and Canada. Mr. MacWilliam is also a member of the Society of Industry Leaders, an international organization dedicated to bringing together authorities from all fields in a global network connecting industry veterans and academia professionals with institutional investors.

A former Canadian Member of Parliament and Member of the Legislative Assembly for British Columbia, Mr. MacWilliam served at the behest of Canada's federal Minister of Health to help develop a new regulatory framework for natural health products, ensuring Canadians access to safe, effective, and high quality nutritional supplements.



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